



WEDNESDAY NIGHT RACING 2010

SYLVAN LAKE SAILING CLUB, 100 MARINA BAY, SYLVAN LAKE, ALBERTA

SAILING INSTRUCTIONS

1.0 RULES

- 1.1. The **WEDNESDAY NIGHT RACING** will be governed by the rules as defined in The Racing Rules of Sailing 2009 – 2012, the rules of PHRF as adopted by the SLSC (PHRF-SL) and these instructions, except as modified by notice.
- 1.2. All yachts will be required to display an approved bow number on the port and starboard side of the bow.

2.0 NOTICES TO COMPETITORS

- 2.1. Notices to competitors will be posted on the official notice board located at the lower level entrance to the Marina Bay Yacht Club.

3.0 CHANGES TO SAILING INSTRUCTIONS

- 3.1. Any changes to the Sailing Instructions will be posted on the club notice board by 1700 hours on the day it will take effect.

4.0 SIGNALS MADE ASHORE

- 4.1. Signals made ashore will be displayed from the signal boat.

5.0 SCHEDULE

The **WEDNESDAY NIGHT RACING** will start at 1900 hours. The schedule will be posted on the club notice board and on the club [website](#).

6.0 FLEET FLAGS

- 6.1. Numeral pennants will be used as fleet flags to designate divisions for the purposes of starting, shortening course and any other division dependant signals. When no pennants are displayed the signals will apply to all divisions.
- 6.2. Division flags will be:

Pennant 1	Division 1	PHRF 189 & less
Pennant 2	Division 2	PHRF 190 & greater
Pennant 3	Division 3	White Sail

7.0 RACING AREAS

- 7.1. Racing will be conducted in the South-East area of the Sylvan Lake.

8.0 THE COURSES

- 8.1. The courses to be sailed will be as per Appendix A: Course Illustrations.
- 8.2. Courses to be sailed will be indicated on a white board from the stern of the signal boat.

9.0 MARKS

- 9.1. Marks 1, 2, 3, and 4 will be yellow tetrahedrons.
- 9.2. New marks, as provided in instruction 11.0, will be a red tomato shape.

10.0 THE START

- 10.1. Races will be started by using Rule 26.
- 10.2. The starting line will be between the orange staff on the signal boat at the starboard end of the start line and a red buoy on the port end of the start line, the start line is not an obstruction.
- 10.3. Prior to her start, a yacht whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 10.4. A yacht starting later than 4 minutes after her starting signal will be scored did not start (DNS), without a hearing, and shall avoid the starting area during the starting sequence for other races. This changes Rule A4 and A5.

11.0 CHANGE OF THE NEXT LEG OF THE COURSE

- 11.1. The race committee will signal a change of the next leg of the course with the “S” flag and two sounds, see Rule 32.2

12.0 THE FINISH

- 12.1. The finish line will be between the orange staff on the committee boat and the red buoy.

12.2. PENALTY SYSTEM

- 12.3. For all fleets, Rule 44.1 is changed so that the two-turn penalty is replaced by the one-turn penalty.

13.0 TIME LIMIT & TARGET TIMES

- 13.1. Time limits and target times are as follows:

<u>Fleet</u>	<u>Time Limit</u>	<u>Mark 1 & 2 Time Limit</u>	<u>Target Time</u>
All Divisions	120 minutes	30 minutes	60 minutes

- 13.2. Yachts failing to finish:

- within 30 minutes after the first yacht in the fleet sails the course and finishes; or
- within the time limit, whichever is later

will be scored did not finish (DNF). This changes Rules 35, A4 and A5.

14.0 PROTESTS AND REQUESTS FOR REDRESS

- 14.1. Protests shall be delivered to the race committee within 30 minutes of the signal boat docks. Competitors and witnesses will be informed verbally or by notice where and when the hearing, if any, will be held.

15.0 SCORING

- 15.1. The ‘low point’ scoring system using RRS Appendix A will apply.

16.0 SAFETY REGULATIONS

- 16.1. Yachts are requested to sail past the stern of the committee boat prior to the race to check in.

- 16.2. Yachts that retire from a race are requested to notify the race committee as soon as possible.

17.0 MEASUREMENT CHECKS

- 17.1. A boat and its equipment may be inspected at any time for compliance with class rules, PHRF sail declaration and sailing instructions compliance.

18.0 RADIO COMMUNICATION

- 18.1. Radio communication between yachts and the race committee will be carried out on channel 06.

- 18.2. No yacht shall instigate radio communication with the committee boat unless designated to do so or in the event of an emergency.

19.0 PRIZES

- 19.1. Prizes will be awarded for each series, in each division, as follows:

2-4 yachts	1st place
5-6 yachts	1st & 2nd places
7 or more yachts	1st, 2nd & 3rd places

20.0 DISCLAIMER OF LIABILITY





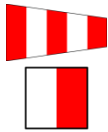
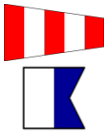


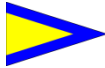






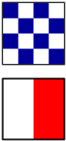

- 20.1. Competitors participate in these races entirely at their own risk - see Rule 4: Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with, prior to, during, or after the race.

- 20.2. The Sylvan Lake Sailing Club and its affiliates may collect, use and disclose an individuals personal image and information in the form of photographs, audio and video recordings for the purposes of promotional and information print, reproduction and electronic publications. By participating in the event, an individual implies consent for the use of this recorded information and waives any right to inspect, approve or receive compensation for recorded information. Information will be protected in accordance with the Personal Information Protection Act (PIPA) of Alberta. If you have any questions about the use of this personal information, please contact the Sylvan Lake Sailing Club by [email](#).














21.0 INSURANCE

- 21.1. Each participating yacht shall provide evidence of valid third-party liability insurance with a minimum coverage of one million Canadian dollars, not to exclude racing.

APPENDIX A

WARNING/START CLASS FLAG Warning @ 5 min Start @ 0 min ↑• ↓•		PREPARATORY  P Preparatory 4 & 1 min to start ↑• ↓-		 I Rule 30.1 in effect ↑• ↓-		 BLACK Rule 30.3 in effect ↑• ↓-	
POSTPONEMENT					OTHER		
 AP Races not started are postponed ↑•• ↓•		 AP over H Races not started are postponed Further signals ashore ↑••		 AP over A Races not started are postponed No more racing today ↑••		 L Afloat: come within hail or follow boat Ashore: notice to competitors posted ↑•	
RECALL				SHORTEN COURSE			
 X Individual ↑•		 GENERAL Warning 1 min after ↑•• ↓•		 S Shortened Rule 32.2 in effect ↑••		 M Object displaying this signal replaces a missing mark -----	
CHANGING NEXT LEG							
 C Position of next mark changed -----		 To Starboard To Port		- Decrease length + Increase length		 BLUE This race committee boat is in position at the finishing line	
ABANDONMENT							
 N All races that have started are abandoned Return to starting area. Warning 1 min after ↑••• ↓•		 N over H All races are abandoned Further signals ashore ↑•••		 N over A All races are abandoned No more racing today ↑•••			

COURSE ILLUSTRATIONS

Diagram I			Diagram I		Diagram II	
#	COURSE	FINISH	(F)			
1	(S)-1-4-1-(S/F)	Downwind		1		1
2	(S)-1-4-1-4-1-(S/F)	Downwind		2		2
3	(S)-1-4-(F)	Upwind		3		3
4	(S)-1-4-1-4-(F)	Upwind		4		4
5	(S)-2-4-2-(S/F)	Downwind				
6	(S)-2-4-2-4-2-(S/F)	Downwind				
7	(S)-2-4-(F)	Upwind				
8	(S)-2-4-2-4-(F)	Upwind				
9	(S)-1-(S/F)	Downwind				
Diagram II						
#	COURSE	FINISH	(S) / (F)			
10	(S)-1-3-4-1-4-(F)	Middle				
11	(S)-1-3-4-(F)	Middle				

(S) = START 1 & 2 = WINDWARD MARKS 3 = JIBE MARK 4 = LEEWARD MARK (F) = FINISH